Contents

Acknowledgments viii
Introduction ix

1 Basic Concepts and Terminology in Psychiatry for Primary Care: MAPSO 1
2 The Spectrum of Suicidality 11

Mood Disorders 27

3 Depression: Evaluation and Case-Finding Strategies 29
4 Treatment of Major Depression and Dysthymia: Initial Interventions 41
5 Treatment of Major Depression and Dysthymia: What to Do When the Initial Intervention Fails 73
6 Bipolar Disorders 87

Anxiety Disorders 109

7 Panic Disorder and Generalized Anxiety Disorder 111
8 Post-traumatic Stress Disorder 129
9 The Phobias 143
10 Obsessive-Compulsive Disorder 155

Psychoses 163

11 The Psychoses 165

Substance-Induced Disorders 185

12 Substance Use and Psychiatric Disorders 187

Organic and Other Disorders 199

13 Cognitive (Organic) Disorders and Geropsychiatry 201
14 Medically Unexplained Symptoms in Patients with Psychiatric Disorders 217
15 Personality Disorders 227
16 Adult ADD, Eating Disorders, and Women’s Mental Health 239

Appendix 259
Index 263